

## WHAT TO BRING LIST

### NECESSARY EQUIPMENT FOR ONE WEEK:

#### CLOTHING:

T-shirts  
Underwear  
1 or 2 Bathing Suits  
Sweatshirt  
Sweater  
Light Jacket  
Shorts  
6 or 7 Pairs of socks  
Tennis Shoes\*  
Pajamas  
Rain Gear

#### TOILET ARTICLES:

Washcloths  
Towels  
Toothbrush  
Toothpaste  
Laundry Bag  
Shampoo  
Soap  
Deodorant  
Water Bottle\*  
Bug Spray (stick recommend)  
Sun Block

**BEDDING:** sleeping bag\* or sheets to fit a twin bed/mattress cover and pillow

#### PAINTBALL:

Old clothes that can get dirty\*  
Long sleeve shirts\*  
Jeans/Long Pants\*  
Tennis Shoes\*

#### HORSEBACK RIDING:

Jeans/Long Pants  
Boots/Hard Sole Shoes

#### OPTIONAL EQUIPMENT:

Cards/Paper  
Tennis Racket  
Tennis Balls  
Flashlight  
Camera  
Pen /Pencil/Paper

Baseball gloves  
Musical Instruments  
Sunglasses  
Bible/Books  
Stamps  
Frisbee

#### WHAT NOT TO BRING:

Knives/firearms  
iPods/ /CD/MP3 Players  
Electronic Games  
Jewelry  
Soda/Pop  
Snacks

Radio/TV  
**Cell Phones**  
Expensive Items  
Cash  
Food  
Animals

*Items with \* are required for Adventure Camp*