



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**JUMP INTO SUMMER.
FUN FIRST.**



YMCA CAMP HANES

Resident Camp Parent Packet

HELLO FROM YMCA CAMP HANES!

We are looking forward to you joining us for a great summer! In this packet you will find important information as well as answers to your questions. Please be sure to read through all of our material and fill out all paperwork. We are a partner with our camper families to meet our goal of a great time at camp. Please contact us with further questions at 336-983-3131 or visit www.camphanes.org.

OUR MISSION:

Helping people reach their God-given potential in spirit, mind and body.

CHECKLIST FOR CAMP:

We are looking forward to a great week. Below is the checklist of the steps we ask for you to complete. These can be done on our registration website or with paper forms.

- Registration complete for the session.
- Balance paid in full.
- Complete Camper Information and Parent Information Form and all other online permission forms.
- Complete Health Forms.
- Look over packing list (what to bring and not bring, label all items).
- Go over behavior expectations with camper.

CHECK IN AND CHECK OUT:

Our Sunday check-in begins at 2pm. We hope you are as excited as we are at camp. Parents/Guardians are responsible for the transportation of campers. If you arrive early please feel free to walk around with the understanding we are preparing for the campers and once camp is ready we will begin the process. Families will be greeted at the front gate and given information about their cabin along with a map. If all paperwork and payment are already taken care of you will receive a Fast Pass and you can go straight to the cabin to move in and meet your counselors. Staff will be located at our green tents and at the Airnasium to assist you with questions, packages and medications. We will host a parent information session at 2:45 at our dining hall. This is for families who would like to speak with a director, tour camp, learn more about the week and have any questions answered. All paperwork and payments are due two weeks before your camper's arrival.

Our Friday check-out begins at 5:00pm. Campers will be at their cabins ready to share their stories of the week. You will sign you camper out at the cabin. Please bring a photo id for security purposes, have be ready to share your code word. If someone else is picking up your camper they will need to know the code word and we need written permission sent to registar@ymcanwnc.org. Or call 336-983-3131. We offer a picnic dinner until 6pm and a brief closing ceremony. Medication will be available at our front gate tent and lost and found items will be at the dining hall. We will hold onto all items that have been left behind for two weeks and then we will dispose of medication and donate lost and found to a local charity.

If you need to pick your camper up early please contact us to make arrangements.

KEEPING IN TOUCH:

Camper love to hear from you and receive mail. We offer many options for you to keep in touch. It is also a great idea to send pre-addressed and stamped envelopes for your camper to encourage letters from home.

Camper Name and Cabin

1225 Camp Hanes Rd.

King, NC 27021

Emails

You can one-way email your camper at camper@ymcanwnc.org. We deliver emails at meal time at our dining hall. It is important to have the camper first and last name in the subject line along with the cabin number. We welcome emails from many for your camper, just be sure to let them know this to help us make sure messages get delivered.

Photos

While your camper is enjoying themselves we take lots of photos to connect you to their experience. There is a link on our website and provided in your Sunday packet. You will receive a password to our SmugMug page. We do our best to get every camper on the site every day. If you haven't seen them please know it is probably because they were on a hike and out of our main camp area or we were focused on weather related safety or programming.

Packages

In order to provide a food allergy safe environment we do not accept packages. Letters, cards and emails are welcome. Safety of our campers is our top priority and we are working to eliminate any potential issues.

DIRECTIONS/CONTACT INFO:

- Take US-52N from Winston Salem to the King/ Tobacoville Exit #123
- Turn Right toward King, travel 2 miles
- Turn Left on Brown Road, After 2.2 miles, Brown will dead end
- Turn Right onto Chestnut Grove Road, and Travel .5 mile
- Turn Left onto YMCA Camp Road, Travel 3.7 miles
- Arrive at Camp Hanes Road, follow into camp

YMCA Camp Hanes

1225 Camp Hanes Road

King, NC 27021

P-336-983-3131

F-336-983-4624

www.camphanes.org

Registration Information
registrar@ymcanwnc.org

Val Elliott, Executive Director
v.elliott@ymcanwnc.org

Jen de Ridder, Senior Program Director
jen.deridder@ymcanwnc.org

Amelia Johnson, Associate Director of Resident Camp
amelia.johnson@ymcanwnc.org

Robert Money, Food Service Director
r.money@ymcanwnc.org

Jared Causby, Associate Director of Adventure Camp
j.causby@ymcanwnc.org

POLICIES

Behavior

At Camp Hanes we want to every camper to have a positive experience. To create this environment we ask for campers to follow our rules.

Rules

1. Respect Yourself.
2. Respect Others.
3. Respect Camp Hanes.
4. Have Fun!

Campers not adhering to camp behavior expectations and rules will be handled on an individual basis. Camp Hanes will not tolerate bullying. We do not tolerate fighting. Severe or frequent behavior violations can result in a camper being sent home from the program at the discretion of the director. No refunds will be given due to behavior situations. We work hard for all campers to have a great week, talk to your camper about helping us achieve this goal. Let them know to ask for help and support while at camp. We also will share these policies with campers at our opening chapel and in their cabins.

Cabin Assignments

Cabin assignments will available upon arrival at camp when you receive your Fast Pass or Paperwork. Cabin mate request are welcome at camp. It is part of our online form. Feel free to call or email to confirm. It does need to be a mutual request and they must be age appropriate. We prefer to keep campers in groups based upon grade in school and age. Older campers will have to go to a younger cabin. Campers not in cabins together will still have opportunities to see each other throughout the day. If upon arrival a mistake was made please come by the office table at the Airnasium and we can work with your camper to set them up for success.

Electronics

Camp is most meaningful when campers are focused on developing relationships rather than looking at electronic devices. So we ask them to stay at home. Camp is not responsible for any devices.

Check In

Our goal is for a smooth check in on Sunday. If you have completed your registration, payment and forms and are all set you will be able to go directly to your cabin. You can come by the Airnasium for medication, health forms or questions but otherwise enjoy meeting your counselors at the cabins.

Financial

After registering you will receive a financial statement. This statement reflects payments and discounts including your deposit. The balance is due two weeks before your camper's session begins. **Camp fees are non-refundable without a doctor's authorized medical reason or family emergency. No refunds are given if a camper leaves early due to disruptive behavior or homesickness. Health situations will be discussed with families. There is a \$175 non-refundable fee for all campers.** We are able to move balances to another session during the summer.

Forms

Forms are available on our website. There you can find links to paper and online forms. Forms need to be filled out at least two weeks before your camper's trip. All campers are required to have had a physical within 24 months of attending camp. The medical form does not require a doctor's signature. We also require parents to sign the emergency care authorization section of the form. Camp does not cover the cost of general illness. If your child should become sick or injured at camp it is your responsibility, as a parent or guardian to take them to the doctor. In case of an emergency, camp will contact parents, emergency personnel and provide appropriate care.

Homesickness

This summer, your camper may be one of many who will balance the feelings of independence and homesickness. Psychologists have done research and found that over 80 percent of campers feel homesick at some point during their time at camp. The hope is as a team we can teach them the skills to handle these feelings. Parents do not need to feel helpless, here are some ways to prepare your camper: Encourage independence throughout the year. Practice, sleepovers at friends, Grandparents can build confidence. Talk about what it will be like in the cabin and role-play things like going to the bathroom with a flashlight. Trust your instincts, do not bribe your child and do not feel guilty. It is best not to promise to pick your camper up or talk to them on the phone. Campers can take on these emotions from their families. We provide training for our staff to help your camper's week. We are your partner and if your child is struggling we will contact you to discuss options for a successful experience. Although it is common, it is usually short lived due to all the fun and relationships at camp.

Medications

Medication sent to camp must clearly be marked in an original container, with the camper's name, doctor's name and exact dosage and instructions. All medications will be kept and handled by the nurse during the duration of the campers stay. Medication must come in original container. Unmarked medication will not be dispensed. Please make sure you have provided enough medication for the stay of the camp. Medications are not permitted in the cabin. All information is held in strictest confidence.

Packing List

Our packing list is available on our website and in this packet. When packing for your time at camp we recommend marking all of your camper's clothes. Please do not send new clothes to camp since we will be outside all day and items get dirty. Before leaving camp with your camper be sure to stop by the dining hall to check our lost and found, we hold onto items for two weeks.

Phones

We want your camper to be focused on having the best time possible at camp and ready to share great stories with you when you head home. While they are at camp we do not allow campers to place phone calls unless there is an urgent situation. If you need to speak with your child at camp we ask that you make arrangements ahead of time or please call our office at 336-983-3131 with any urgent messages. If a situation would arise at camp we will call camper parents.

Please do not bring cell phones or other electronics to camp. If they are brought to camp we will hold onto camper cell phones in our main office until pick up on Friday.

DAILY SCHEDULE

Our schedules are created to meet the needs of each program and age group. Youngest campers spend most of their day with their cabin mates trying a variety of activities and some opportunities for choice activities. Older campers are given more choice times. They will get to participate in four different choice activities throughout the week along with many cabin activities. Cabin activities include many of the big items at camp. Campers will daily spend time at our chapel helping them become their best selves as we focus on our Christian values. We also finish our days with devotions at the cabins time to quietly discuss and reflect their experience and on our Character Traits of honesty, respect, responsibility, caring and faith.

MEALS

One of the most important parts of our day at camp is meal time. At Camp Hanes we eat "family style" and provide a tray of food for each table. The food is passed around the table encouraging conversation and relationship building. The food platters are refillable for seconds throughout the meal. In order to offer well rounded meals we have a variety of choices along with our hot meal. At breakfast we offer a fruit, cold cereal and yogurt bar, bagel and toast station. At lunch and dinner we offer a full salad bar, sandwich station and fruit. We are a peanut/tree nut free facility. We work to accommodate food allergies and needs. Please contact camp and speak with our Food Service Director to talk through your campers needs.

2018 SUMMER CAMP THEMES

Our 2018 weekly themes are here! These themes help bring extra fun and camp craziness to the week. We incorporate them into our activities, campfires, taps talks and the Camp Hanes party at the end of the week. So gather your wackiest and tackiest attire so you can be a part of the theme all week long.

Week of June 17: TREASURE ISLAND

Go on a journey similar to Jim Hawkins in Treasure Island finding maps and following it to where "X" marks the spot. Beware though; you may have to battle off some pirates like Long John Silver to get your cut of the treasure.

Week of June 24: AROUND THE WORLD IN 6 DAYS

Jules Verne may have written about the adventurous Phileas Fogg traveling around the world in 80 days but here at camp we are going to do it in 6!

Week of July 8: BATTLE OF THE SPORTS

Bring your sports spirit along with you to camp this week! Not only will you rep your team but your favorite sport as we meet different sports heroes through the ages.

Week of July 15: MUSIC THROUGH THE AGES

Imagine yourself singing and dancing in the 60's, 70's, or 80s. We will make it a reality this week at camp! You could be singing a doowop in the 50's or jamming out in the 80's! Bring your clothes of the decades as we relive history through music.

Week of July 22: COLOR WARS

Do you know your favorite color? Are you willing to battle for it? Color Wars week is all about covering the world in color! Bring costumes and clothes in your favorite color and get ready for colorful challenges in every shade.

Week of July 23: CAMP HANES HOLIDAYS!

'Tis the season for every holiday in July! Celebrate with your camp family we celebrate all the holidays! Live a year's worth of major holidays all in one week from New Years to Christmas! So bring your holiday cheer and your holiday-themed gear!

Week of July 29: MAD SCIENCE

Your next discovery or invention is just around the corner. What questions can we explore this week?! What myths could we bust? Be prepared with your lab coat and goggles for when things get messy.

WHAT TO BRING:

CLOTHING:

T-shirts
Shorts
Bathing Suits
Sweatshirt
Jeans
Light Jacket
Underwear
Pairs of socks
Tennis Shoes
Pajamas
Rain Gear
Sandals

BEDDING:

sleeping bag* or blanket, sheets to fit a twin bed/mattress and pillow.

PAINTBALL:

Old clothes that can get dirty*
Closed Toe Shoes
Jeans/Long Pants
Long Sleeve Shirt

OPTIONAL EQUIPMENT:

Cards, Crafts for Siesta Time
Sports Equipment
Musical Instruments
Sunglasses
Flashlight
Bible/Books
Camera
Stamps Pen /Pencil/Paper

TOILET ARTICLES:

Washcloths
Towels for showers and water activities
Toothbrush
Toothpaste
Laundry Bag
Shampoo
Soap
Deodorant
Water Bottle
Bug Spray (stick recommend)
Sun Screen

HORSEBACK RIDING:

Boots/Hard Sole Closed Toe Shoes
Jeans/Long Pants

WHAT NOT TO BRING:

Knives
Firearms
Cell Phones
Electronic Games
Expensive Items
Jewelry
Cash
Food
Animals

* Camp Hanes is not responsible for lost items. We collect all lost and found on Friday and have it in our laundry facilities until Aug 24th. At that time we will donate items to organizations in the community.