



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Parent and Student Outdoor Education Guide

HISTORY: Founded in 1927, YMCA Camp Hanes is located at the base of Sauratown Mountain just 25 miles north of Winston-Salem, North Carolina. Sauratown Mountain is situated between two state parks, Hanging Rock and Pilot Mountain. Camp Hanes was a gift to the YMCA by the children of John W. Hanes in memory of their father. Nestled in the mountains, Camp Hanes hosts a diverse range of habitats including woods, fields, mountainside and lakes.

PROGRAM: Your student will be participating in a highly organized experiential learning experience. We teach about the outdoors by being outdoors. The students may reach out and hold a frog they caught still wet from the pond, shoot a real bow and arrow, or lie on their backs in a field of grass to gaze at thousands of stars. There will be games, songs, and stories around the campfire. It is a social education as well as an environmental and natural history education.

FACILITIES: YMCA Camp Hanes' site is fully modernized and meets standards set for youth and group resident camps as established by the YMCA of the USA and the American Camping Association. The modern facilities, including dining hall and cabins equipped with both air conditioning and heating, are maintained and cleaned by full-time housekeeping and maintenance personnel.

SUPERVISION: The camp staff, classroom teachers, and chaperones combine to exceed recognized standard ratios of adult leaders to students. The camp staff is actively involved in guiding programs throughout the day and evenings with chaperones and teachers present during the night to provide 24 hours of supervision.

FOOD: YMCA Camp Hanes serves wholesome, delicious meals family style. The students are encouraged to use their best table manners and are responsible for the overall clean-up of the dining area after each meal. The dining hall staff does their best to accommodate food allergies and dietary restrictions. We do ask that you please inform your student's teacher of any special dietary needs (i.e. vegetarian, lactose-intolerant, allergies, etc.). You may also call camp and speak with our Food Services Director about any special concerns.

NOTE: YMCA Camp Hanes is a peanut, tree nut and shell fish free facility.

MEDICAL: School staff is responsible for distributing medicine and administering first aid to students. Minor health problems can be taken care of by school teachers and faculty. All camp staff member are CPR and First Aid certified but only step in during emergencies. Baptist Medical Center, with its own children's emergency room, is just minutes away for any other severe emergencies.