



**WHERE  
FUN COMES  
NATURALLY**



**YMCA Camp Hanes Resident Camp**

# WHAT'S A DAY LIKE AT YMCA CAMP HANES?

Your "typical" day here at YMCA Camp Hanes will be anything but ordinary. You'll wake up early in the cozy, air-conditioned cabin that you share with 10-14 other kids your age (along with friendly, caring and highly qualified camp counselors).

Then you're off to the dining hall for a big, hearty breakfast – and maybe some good-natured fun with your fellow campers.

A little later, you'll head over to the chapel for a short prayer service to start the day in thanks.

Now, the real excitement begins.

You and your cabin group will get to choose several great activities that you'd like to participate in together during the week. Plus, depending on your age, you can choose one or more other activities outside your cabin group that you'd like to take part in.

Our staff will then create a daily schedule that's designed to help you pack the most fun and excitement into every moment of your stay.

## RESIDENT CAMP SESSIONS

Session One:	June 17-22
Session Two:	FULL
Session Three:	July 8-13
Session Four:	July 15-20
Session Five:	July 22-27
Session Six:	July 29 – August 3



## THE RIGHT PROGRAM FOR EVERY AGE.

In our weeklong Traditional Camp sessions, our campers are divided into three distinct activity groups, based on age – and all our activities are supervised by trained staff members to ensure each camper’s safety and enjoyment.

Many of our activities are offered to all three age groups, allowing campers to progress each summer as they continue to hone their skills and talents.

The focus for our Climber campers is to build self-confidence and explore a variety of activities so they can learn about themselves and which activities they prefer. This age group also benefits from the lowest ratio of campers to staff members.

The campers in this age group spend half of their day participating in activities that they and their cabin mates have selected. The other half of the day is devoted to each camper’s personal choice of activities.

In addition to a group activity time and a social emphasis, each camper is able to participate every day in the activities and classes of his or her choosing – enabling the camper to continue refining his or her skills and interests. Because of the Explorer-level campers’ expanded activities, their typical day at camp may run a little longer before they gather with the rest of the camp for evening events.

**Besides our Traditional Camp, we offer three unique camping experiences for older children who are eager to take on greater challenges and/or further their leadership skills.**



This program combines the best of on-site camp activities with challenging off-site adventures. Campers live in tents the entire week and participate in one of three adventure-themed experiences: Mountain, Rock Climbing, or Coastal.

LIT is a three-week program that helps participants grow in mind, spirit and body. The first week focuses on leadership development and teambuilding. The second week is devoted to volunteer service to others. And the third week is spent hiking a section of the Appalachian Trail.

CIT is a two-week, hands-on experience for individuals who would like to be counselors at YMCA Camp Hanes. During counselor training, participants also learn about the importance of hard work. They develop their strengths. And they become better prepared for the future.



Our activities encourage campers to challenge themselves, enhance their skills, and learn positive values from our staff and one another. Mountaineers and Explorers can choose four skill based activities for the week. Climbers will have most of their activities selected for them by our staff, based on age. Options may include:

**ARCHERY  
KAYAKING  
CAMP NEWSPAPER  
PHOTOGRAPHY  
HORSEBACK RIDING  
FISHING**

**RIFLERY  
PAINTBALL\*  
MUSIC  
CLIMBING  
DRAMA  
SPORTS**

**ARTS & CRAFTS  
5-STAND SHOOTING CLAYS\*  
(SHOTGUN RANGE)  
SURVIVAL SKILLS**  
  
**\* Ages 10 and up**

The campers in each cabin participate together

**SWIMMING/POOL  
GAMES  
SPORTS  
ARTS & CRAFTS  
CANOEING  
HIGH ROPES\*  
TEAM BUILDING  
CREEK STUDY  
ZIP LINES  
OUTDOOR COOKING**

**NATURE ROOM  
SERVICE PROJECTS  
VOLLEYBALL  
LOW ROPES  
HIKING  
THE BLOB**

**\*Ages 10 and up**

**SLING SHOTS  
PADDLEBOARDS**

The entire camp gathers for evening activities, which can include:

**CAMPFIRES  
"ROCKS" GAME  
POOL PARTIES  
SKIT NIGHTS**

**DANCES  
CAMP-WIDE GAMES**



YMCA Camp Hanes  
1225 Camp Hanes Road  
King, NC 27021



## YMCA CAMP HANES

Established in 1927, YMCA Camp Hanes has served as a source of fun, inspiration and personal growth for generations of young people in North Carolina and beyond.

Guided by Christian values that include a deep respect for all faiths, we at YMCA Camp Hanes strive to instill added confidence and character in each of our campers – all in the context of a laugh-out-loud good time.

Financial assistance available.

NO one will be turned away because of an inability to pay.

[www.camphanes.org](http://www.camphanes.org) 336 983 3131

